

Variable	Mean	SD	Min	Max	Median	Q1	Q3	Mode	Skewness	Kurtosis	Jarque-Bera	Prob > Chi-Sq
Age	35.5	10.5	20	65	35	30	40	35	0.05	2.5	0.29	0.59
Gender	0.5	0.5	0	1	0.5	0	1	0.5	0.00	0.0	0.98	0.33
Marital Status	0.5	0.5	0	1	0.5	0	1	0.5	0.00	0.0	0.98	0.33
Education	12.5	1.5	10	16	12	11	13	12	0.05	2.5	0.29	0.59
Income	1500	500	500	3000	1200	800	1800	1000	0.05	2.5	0.29	0.59
Occupation	1.5	1.5	1	5	2	1	3	2	0.05	2.5	0.29	0.59
Health Status	0.5	0.5	0	1	0.5	0	1	0.5	0.00	0.0	0.98	0.33
Stress Level	3.5	1.5	1	5	3	2	4	3	0.05	2.5	0.29	0.59
Life Satisfaction	4.5	1.5	1	7	5	4	6	5	0.05	2.5	0.29	0.59
Resilience	5.5	1.5	1	7	6	5	7	6	0.05	2.5	0.29	0.59
Optimism	6.5	1.5	1	7	7	6	7	7	0.05	2.5	0.29	0.59
Emotional Stability	5.5	1.5	1	7	6	5	7	6	0.05	2.5	0.29	0.59
Self-Esteem	6.5	1.5	1	7	7	6	7	7	0.05	2.5	0.29	0.59
Life Satisfaction	4.5	1.5	1	7	5	4	6	5	0.05	2.5	0.29	0.59
Resilience	5.5	1.5	1	7	6	5	7	6	0.05	2.5	0.29	0.59
Optimism	6.5	1.5	1	7	7	6	7	7	0.05	2.5	0.29	0.59
Emotional Stability	5.5	1.5	1	7	6	5	7	6	0.05	2.5	0.29	0.59
Self-Esteem	6.5	1.5	1	7	7	6	7	7	0.05	2.5	0.29	0.59